

ARLINGTON MILL 55+ SENIOR CENTER

909 S. Dinwiddie Street, Arlington VA, 22204
703-228-7369

JANUARY 2022

ARLINGTON
VIRGINIA

DEPARTMENT OF PARKS
AND RECREATION

MONDAY- Lunes	TUESDAY- Martes	WEDNESDAY- Miercoles	THURSDAY- Jueves	FRIDAY- Viernes
3	4	5	6	7
9:00- 11:00 Crochet (+) RM205 10:00-11:30 Current Events (+) RM525 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 12:00-4:00 Mah Jongg (+) RM413 1:30-3:30 Mexican Train (+) RM205 2:00-3:00 Beginners TaiChi Ch'uan (*) RM411	10:00- 12:00 Table Games (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 1:00-2:00 Tai Chi (+) RM411	10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 10:00-12:00 Open Art Studio (+) RM526 10:00-12:00 Canasta (+) RM413 10:30- 1:00 55+ Crafters (+) RM404 12:30- 3:30 Social Bridge (+) RM413 3:00-4:00 Zumba Gold (*) RM421	9- 10 Arlington Mill Trekkers (+) 2 nd FL Lobby 9:00- 11:00 Crochet (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 12:00-4:00 Mah Jongg (+) RM413 1:00- 2:00 Line Dance (+) RM527 2:00-3:00 Tai Chi Ch'uan (*) RM411 2:00- 3:30 Meditate & Create RM411 Relaxation (*)	10:00- 12:00 Rummikub (+) RM205 10:15-3:00 Scrabble (+) RM413 11:00-1:00 Open Art Studio (+) RM526 1:00-2:00 Tai Chi Practice (+) RM418 1:00-3:00 Sunshine Gang (+) RM421
10	11	12	13	14
9:00- 11:00 Crochet (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 11:30- 1:00 Spanish Conversation (+) RM411 12:00-4:00 Mah Jongg (+) RM413 1:30-3:30 Mexican Train (+) RM205 2:00-3:00 Beginners TaiChi Ch'uan (*) RM411	10:00- 12:00 Table Games (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 1:00-2:00 Tai Chi (+) RM411	10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 10:00-12:00 Open Art Studio (+) RM526 10:00-12:00 Canasta (+) RM413 10:30- 1:00 55+ Crafters (+) RM404 12:30- 3:30 Social Bridge (+) RM413 3:00-4:00 Zumba Gold (*) RM421	9- 10 Arlington Mill Trekkers (+) 2 nd FL Lobby 9:00- 11:00 Crochet (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 12:00-4:00 Mah Jongg (+) RM413 1:00- 2:00 Line Dance (+) RM527 2:00-3:00 Tai Chi Ch'uan (*) RM411 2:00- 3:30 Meditate & Create RM411 Relaxation (*)	10:00- 12:00 Rummikub (+) RM205 10:15-3:00 Scrabble (+) RM413 11:00-1:00 Open Art Studio (+) RM526 1:00-2:00 Tai Chi Practice (+) RM418 1:00-3:00 Sunshine Gang (+) RM421
17	18	19	20	21
9:00- 11:00 Crochet (+) RM205 10:00-11:30 Current Events (+) RM525 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 11:30- 1:00 Spanish Conversation (+) RM411 12:00-4:00 Mah Jongg (+) RM413 1:30-3:30 Mexican Train (+) RM205 2:00-3:00 Beginners TaiChi Ch'uan (*) RM411	10:00- 12:00 Table Games (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 1:00-2:00 Tai Chi (+) RM411	10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 10:00-12:00 Open Art Studio (+) RM526 10:00-12:00 Canasta (+) RM413 10:30- 1:00 55+ Crafters (+) RM404 12:30- 3:30 Social Bridge (+) RM413 3:00-4:00 Zumba Gold (*) RM421	9- 10 Arlington Mill Trekkers (+) 2 nd FL Lobby 9:00- 11:00 Crochet (+) RM205 9:45-10:45 English Conversation RM525 10:00- 12:00 Table Games (+) RM205 12:00-4:00 Mah Jongg (+) RM413 1:00- 2:00 Line Dance (+) RM527 2:00-3:00 Tai Chi Ch'uan (*) RM411 2:00- 3:30 Meditate & Create RM411 Relaxation (*)	10:00- 11:30 Open Latin Dance (+) RM411 10:00- 11:00 Rummikub (+) RM205 10:00- 12:00 Table Games RM205 10:15-3:00 Scrabble (+) RM413 11:00-1:00 Open Art Studio (+) RM526 1:00-2:00 Tai Chi Practice (+) RM418 1:00-3:00 Sunshine Gang (+) RM421

24	25	26	27	28
9:00- 11:00 Crochet (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 11:30-1:00 Spanish Conversation (+) RM411 12:00-4:00 Mah Jonng (+) RM413 1:30-3:30 Mexican Train (+) RM205 2:00-3:00 Beginners TaiChi Ch'uan (*) RM411	10:00- 12:00 Table Tennis (+) RM217 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 1:00-2:00 Tai Chi (+) RM411 4:30-5:30 Ukulele RM205	10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 10:00-12:00 Open Art Studio (+) RM526 10:00-12:00 Canasta (+) RM413 10:30- 1:00 55+ Crafters (+) RM404 12:30-3:30 Social Bridge (+) RM413 3:00-4:00 Zumba Gold (*) RM421	9- 10 Arlington Mill Trekkers (+) 2 nd FL Lobby 9:00- 11:00 Crochet (+) RM205 10:00- 12:00 Table Games (+) RM205 12:00-4:00 Mah Jonng (+) RM413 1:00- 2:00 Line Dance (+) RM527 2:00-3:00 Tai Chi Ch'uan (*) RM411 2:00- 3:30 Meditate & Create RM411 Relaxation (*)	
30	31	<u>Saturdays: RM 205</u> Rummikub (+): 9:00 a.m.- 12:00 p.m. Mah Jongg (+): 12:00- 3:45 p.m.		<u>Sundays: RM 205</u> Table Games (+): 2:00- 5:00 p.m.
9:00- 11:00 Crochet (+) RM205 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 11:30- 1:00 Spanish Conversation (+) RM411 12:00-4:00 Mah Jonng (+) RM413 1:30-3:30 Mexican Train (+) RM205 2:00-3:00 Beginners TaiChi Ch'uan (*) RM411	10:00- 12:00 Table Tennis (+) RM217 10:00- 12:00 Rummikub (+) RM205 10:00- 12:00 Table Games (+) RM205 1:00-2:00 Tai Chi (+) RM411 2:00- 3:00 Happiness 101 RM404	<div style="border: 1px solid black; padding: 5px;"> <p>† = Drop-in program * = Program with fee</p> </div>		

VIRTUAL PROGRAMS

AVOID GIFT CARD & CRYPTOCURRENCY SCAMS (VIRTUAL)

Defrauding consumer is ever evolving, with gift card and cryptocurrency scams topping the list of the latest methods. Find out more about how these most recent tactics work, how you can avoid them and where to report them if you do fall victim to one of these scams. Tiffany Smedley, an investigator with the Federal Trade Commission, will explain.

Friday, January 21, 1:30-2:30 p.m.

#912400-20 (must pre-register), [Register Here](#).

MOVIES & CRITICS

*Ever wanted to be a movie critic?
 Now you can Movies & Critics is an interactive movie experience Come enjoy the movie or take notes during the film for a critical discussion afterwards.*

THE ASSISTANT (2019) - R

A searing look at a day in the life of an assistant to a powerful executive. As Jane follows her daily routine, she grows increasingly aware of the insidious abuse that threatens every aspect of her position.

Thurs., January 20, 1:00-3:30 p.m.

#912804-02 (must pre-register), [Register Here](#).

