



Please call ahead to reserve your space for a class, workshop or special event:

703-228-4747

55+ Center Director: Lila Paig
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AURORA HILLS 55+ CENTER

735 S. 18th Street
 Arlington, Virginia 22202
 703-228-5722




May 2022

Registration Fees:

55+ Arlington Residents: \$20/\$60* Household \$30/\$90*
 Non-Arlington Resident: \$45/\$90* Household \$65/\$135*

*55+ GOLD Pass provides access to Arlington County [fitness facilities](#) (except the [Long Bridge Aquatics & Fitness Center](#)). You must be registered and have a current "55+ Pass" to be able to participate in our programs and classes.

Note: [Long Bridge Aquatics & Fitness Center](#) senior memberships are not associated with the 55 + Program (including the 55+ Pass or 55+ Gold Pass).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
10-11 Gentle Hatha Yoga* TR 10-12 Yarn Crafters + MR 10-12 Mah-Jongg + KIT 11:30-1 Advisory Committee Mtng. TR 2-3 Brain Games + TR	12:30-1:30 SAIL class MR	10-12 Foursome Bridge + MR 10-12:15 Mac, iPhone, iPad (by appt.) TR 1:30-3 Mother's Day Music & Tea TR 2-3 Tai Chi Practice + TR 		10:15-11 Intro to Line Dance + MR 11:05-12:05 Line Dancing + MR 12:30-1:30 SAIL class MR
9	10	11	13	13
10-11 Gentle Hatha Yoga* TR 10-12 Yarn Crafters + MR 10-12 Mah-Jongg + KIT 2-3 Brain Games + TR	12:30-1:30 SAIL class MR	10-12 Foursome Bridge + MR 10-2 Trash and Treasure Donation Drop-Off MR 10-12:15 Mac, iPhone, iPad (by appt.) TR 2-3 Tai Chi Practice + TR SPRINGO at Lubber Run Center! 10am-12pm	Aurora Hills Trash & Treasure Yard Sale will be held on Saturday, May 14th 9:30am-1:30pm 	9-10:30 Fast Forwards Walking Group + OS 10-2 Trash and Treasure Donation Drop-Off MR 10:15-11 Intro to Line Dance + TR 11:05-12:05 Line Dancing + TR 12:30-1:30 SAIL class TR
16	17	18	19	20
10-11 Gentle Hatha Yoga * TR 10-12 Yarn Crafters + MR 10-12 Mah-Jongg + KIT 1-2:30 Short Story Reading & Discussion* TR 2-3 Brain Games + TR	12:30-1:30 SAIL class MR	10-12 Foursome Bridge + MR 10-12:15 Mac, iPhone, iPad (by appt.) TR 11-12 Magazine Article Discussion Group MR 2-3 Tai Chi Practice + TR		9-10:30 Fast Forwards Walking Group + OS 10:15-11 Intro to Line Dance + TR 11:05-12:05 Line Dancing + TR 10:30-11:30 Pop-Up Nature Walk + OS <i>with Bill McLaughlin</i> 12:30-1:30 SAIL class MR 1-2:30 Acoustic Hour w/ Ed & Phil OS <i>- on the plaza in the park!</i>
23	24	25	26	27
10-12 Yarn Crafters + MR 10-12 Mah-Jongg + KIT 11:30-12:45 Aurora Hills Book Club TR 2-3 Brain Games + TR	12:30-1:30 SAIL class MR	10-12 Foursome Bridge + MR 10-12:15 Mac, iPhone, iPad (by appt.) TR 1-2 What Is the Cloud? MR 2-3 Tai Chi Practice + TR		9-10:30 Fast Forwards Walking Group + OS 10:15-11 Intro to Line Dance + MR 11:05-12:05 Line Dancing + MR 12:30-1:30 SAIL class MR 12:30-2:30 Nomadland (R, 2020) TR
30	31	TR = Training/Meeting Room MR = Main Room OS = Outside RA = Reception Area * = PROGRAM HAS FEE + = Drop-in program Registration required for programs in red BOLD.		
 Memorial Day Holiday				<div style="border: 1px solid black; padding: 5px; text-align: center;"> Check out our calendar of programs and events this month! For more information, click here: Fun For 55+ Members </div>