

ARLINGTON MILL 55+ CENTER ACTIVITY CALENDAR JUNE 2022

909 S. Dinwiddie Street,
Arlington, VA 22204
703-228-7369

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 10am-12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 12:00 Lunch (sign up ahead) Social 60+ Café +* 1:30-4:00pm Social Bridge RM413	2 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 12:00 Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527	3 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10:15am- 3pm Scrabble RM413 10am-12pm Open Art Studio RM526 12:00 Lunch (sign up ahead) Social 60+ Café +*
6 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30-10:30am Jane Franklin+ RM411 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 12:00 Lunch (sign up ahead) Social 60+ Café +* 11:30am-1pm Spanish Conversation RM411	7 8am-12pm Social 60+ Café+* RM527 10am-12pm Table Tennis RM217 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 12:00 Lunch (sign up ahead) Social 60+ Café +*	8 8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 10am-12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 12:00 Lunch (sign up ahead) Social 60+ Café +* 1:30-4:00pm Social Bridge RM413 5:30-6:30pm Samsung Phone Help *	9 8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2 nd FL Lobby RM205 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 12-1pm Ten Warning Signs of Alzheimer's* RM411 12:00 Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527 1:30-2:30pm Making Retirement Money Last* RM404 6-7:30pm Meditate & Create Relaxation ** RM525	10 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10:15am- 3pm Scrabble RM413 10am-12pm Open Art Studio RM526 12:00 Lunch (sign up ahead) Social 60+ Café +* 5-6pm Online Travel Tips* RM411
13 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30-10:30am Jane Franklin+ RM411 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 11:30am-1pm Spanish Conversation RM411 12:00 Lunch (sign up ahead) Social 60+ Café +*	14 8am-12pm Social 60+ Café+* RM527 10am-12pm Table Tennis RM217 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 12:00 Lunch (sign up ahead) Social 60+ Café +*	15 8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 12:00 Lunch (sign up ahead) Social 60+ Café +* 1:30-4:00pm Social Bridge RM413 5-6pm Turn Your Hobby Into a Small Business* RM205	16 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 12-1pm All About Basil* RM418 12:00 Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM411 6-7:30pm Meditate & Create Relaxation ** RM525	17 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10:15am- 3pm Scrabble RM413 10am-12pm Open Art Studio RM526 12:00 Lunch (sign up ahead) Social 60+ Café +*
20 CENTER CLOSED Juneteenth HOLIDAY	21 8am-12pm Social 60+ Café+* RM527 10am-12pm Table Tennis RM217 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 12:00 Lunch (sign up ahead) Social 60+ Café +* 1-2pm Healthy Living for Your Brain and Body* RM411	22 8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 12:00 Lunch (sign up ahead) Social 60+ Café +* 1:30-4:00pm Social Bridge RM413 5-6pm Cutting The Cord* RM525	23 8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2 nd FL Lobby RM205 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am-12:30pm Trinidad and Tobago * RM411 12:00 Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM411 1-3:30pm Movies & Critics* RM525 6-7:30pm Meditate & Create Relaxation ** RM525	24 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10:15am- 3pm Scrabble RM413 10am-12pm Open Art Studio RM526 12:00 Lunch (sign up ahead) Social 60+ Café +* 1-3pm Social Ballroom Dance RM421
27 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30-10:30am Jane Franklin+ RM411 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 11:30am-1pm Spanish Conversation RM411 12:00 Lunch (sign up ahead) Social 60+ Café +*	28 8am-12pm Social 60+ Café+* RM527 10am-12pm Table Tennis RM217 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 10am-12pm Table Games+ RM205 12:00 Lunch (sign up ahead) Social 60+ Café +*	29 8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 12:00 Lunch (sign up ahead) Social 60+ Café +* 1:30-4:00pm Social Bridge RM413	30 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 12:00 Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527 6-7:30pm Meditate & Create Relaxation ** RM525	

Key

* = registration required

^ = fee required

+ = Social 60+ Café

Bold = speakers/special events/etc

Weekend Programming:

Saturdays: RM205

Rummikub: 10am-12pm

Mah Jongg: 12-3pm

Sundays: RM205

Open Table Games: 2-5pm

Arlington Mill Community
Center's gymnasium is closed for
vaccinations until further notice.
Please see 55+ Director or staff if
you have questions about location
of your program.