

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30-10:15am Seated Exercise+* RM411 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+*	8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-3pm Cornhole GYM 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+*
5	6	7	8	9
8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-3pm 1/2 Court Pickleball GYM 10am-12pm Table Games RM205 10am-11:30am Computer Class* RM411 10am-11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30-12pm Lunch (sign up ahead) Social 60+ Café+*	8am-12pm Social 60+ Café+* RM527 9:30-10:15am Seated Exercise+* RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 12pm-3pm Pickleball GYM	8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10-11:30am Computer Class RM411 10am-12pm Table Games RM205 10am-12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 2:30-4:00pm Spades RM205 4-8:30pm Pickleball GYM	8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2nd FL Lobby RM205 9-11am Crochet RM205 9:30-10:15am Seated Exercise+* RM411 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 1-2pm Line Dance RM527	8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-3pm Cornhole GYM 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+*
12	13	14	15	16
8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am-11:30am Computer Class* RM411 10am-11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30-12pm Lunch (sign up ahead) Social 60+ Café+* 1-3pm NVSO - Crossword Puzzles RM418 5-6pm Hatha Yoga Basics* RM527	8am-12pm Social 60+ Café+* RM527 9:30-10:15am Seated Exercise+* RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 1:30-3:30pm NVSO-Sudoku RM418	8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10-11:30am Computer Class RM411 10am-12pm Table Games RM205 10am-12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 2:30-4:00pm Spades RM205 1:30-3:30pm NVSO-Jigsaw Puzzles RM418 2:30-4:00pm Spades RM205 5-6pm Cutting the cord* RM525	8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30-10:15am Seated Exercise+* RM411 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 12-3pm Pickleball GYM 1-2pm Line Dance RM527	8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-3pm Cornhole GYM 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+*
19	20	21	22	23
8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am-11:30am Computer Class* RM411 10am-11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30-12pm Lunch (sign up ahead) Social 60+ Café+* 1-3:30pm Western Movie Week* RM525 5-6pm Hatha Yoga Basics* RM527	8am-12pm Social 60+ Café+* RM527 9:30-10:15am Seated Exercise+* RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 1-3:30pm Western Movie Week* RM525	8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10-11:30am Computer Class RM411 10am-12pm Table Games RM205 10am-12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 1-3:30pm Western Movie Week* RM525 2:30-4:00pm Spades RM205 4:30-6pm Origami* RM526	8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2nd FL Lobby RM205 9-11am Crochet RM205 9:30-10:15am Seated Exercise+* RM411 11am-1pm Rummikub RM205 11:30-12pm Lunch (sign up ahead) Social 60+ Café+* 1-2pm Line Dance RM527 1-3:30pm Western Movie Week* RM525	8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 1-3pm Social Ballroom Dance RM421
26	27	28	29	30
8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am-11:30am Computer Class* RM411 10am-11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30-12pm Lunch (sign up ahead) Social 60+ Café+* 5-6pm Hatha Yoga Basics* RM527	8am-12pm Social 60+ Café+* RM527 9:30-10:15am Seated Exercise+* RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+*	8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10-11:30am Computer Class RM411 10am-12pm Table Games RM205 10am-12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+* 11:30am-12:30pm It Takes a Village* RM525 2:30-4:00pm Spades RM205	8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30-10:15am Seated Exercise+* RM411 11am-1pm Rummikub RM205 11:30-12pm Lunch (sign up ahead) Social 60+ Café+* 1-2pm Line Dance RM527	8am-12pm Social 60+ Café+* RM527 11am-1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11am-12:45pm Open Latin Dance RM421 11:30am-12pm Lunch (sign up ahead) Social 60+ Café+*

# ARLINGTON MILL 55+ CENTER CALENDAR September 2022

909 S. Dinwiddie St.,  
Arlington, VA 22204  
703-228-7369

### Key

\* = registration required

^ = fee required

+ = Social 60+ Café

**Bold** = speakers/special events/etc.

### Weekend Programming:

**Saturdays: RM205**

Rummikub: 10am-12pm

Mah Jongg: 12-3pm

**Sundays: RM205**

**\*Social Art Swap\*- Sept. 25, 1-3pm**

Open Table Games:

2-5pm

Check out the [weekly schedule](#) for Arlington Mill Community Center's gymnasium (updated as changes occur).