


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 10:15-11am Intro to Line Dance + MR 11:05am-12:05pm Line Dance + MR 12-1pm Documentary viewing: TR <i>Navy SEALs, Their Untold Story</i> + 1:30-2:30pm Documentary Discussion Virtual
5 Center Closed 	6 11:30am-12:30pm Gentle Hatha Yoga * TR 1-2pm SAIL class (pre-register) MR #911502-04	7 10am-12pm Foursome Bridge + MR 10am-12pm Hearts Club + MR 10am-2:30pm Hearing Screenings TR 2-3pm Games & Puzzles + TR	8	9 9-10:30am Fast Forwards + OS 10:15-11am Intro to Line Dance + MR 11:05am-12:05pm Line Dance + MR 1-2pm When Arlington Became Arlington MR 1-2pm SAIL class (pre-register) MR #911502-04
12 10-11am Gentle Hatha Yoga * TR 10am-12pm Yarn Crafters + MR 10am-12pm Mah Jongg + K 10-11am Tai Chi Practice + OS 11:30am-1pm Advisory Committee TR 1-2:30pm Beginner Bridge MR 2-3pm Jeopardy + TR	13 11:30am-12:30pm Gentle Hatha Yoga * TR 1-2pm SAIL class (pre-register) MR #911502-04	14 10am-12pm Foursome Bridge + MR 10am-12pm Hearts Club + MR 10am-12:15pm Mac iPhone iPad TR 1-2pm Apple of My Eye TR 2-3pm Games & Puzzles + TR	15	16 9-10:30am Fast Forwards + OS 10:15-11am Intro to Line Dance + MR 11:05am-12:05pm Line Dance + MR 1-2:30pm Acoustic Hour OS in the Park <i>*Please note, event will be held indoors if inclement weather.</i> 1-2pm SAIL class (pre-register) MR #911502-04
19 10-11am Gentle Hatha Yoga * TR 10am-12pm Yarn Crafters + MR 10am-12pm Mah Jongg + K 10-11am Tai Chi Practice + OS 1-2:30pm Beginner Bridge MR 1-2:30pm Short Story Discussion TR	20 11:30am-12:30pm Gentle Hatha Yoga * TR 1-2pm SAIL class (pre-register) MR #911502-04	21 10am-12pm Foursome Bridge + MR 10am-12pm Hearts Club + MR 10am-12:15pm Mac iPhone iPad TR 11am-12pm Magazine Article MR 2-3pm Games & Puzzles + TR	22	23 10:15-11am Intro to Line Dance + MR 11:05am-12:05pm Line Dance + MR 12:30-2:30pm Movie: The Confirmation (2016, PG-13) TR 1-2pm SAIL class (pre-register) MR #911502-04
26 10-11am Gentle Hatha Yoga * TR 10am-12pm Yarn Crafters + MR 10am-12pm Mah Jongg + K 10-11am Tai Chi Practice + OS 11:30am-12:45pm Book Club + TR 1-2:30pm Beginner Bridge MR	27 11:30am-12:30pm Gentle Hatha Yoga * TR 1-2pm SAIL class (pre-register) MR #911502-04	28 10am-12pm Foursome Bridge + MR 10am-12pm Hearts Club + MR 10am-12:15pm Mac iPhone iPad TR 1:30-2:30pm Why Go to a Chiropractor? MR 2-3pm Games & Puzzles + TR	29	30 9-10:30am Fast Forwards + OS 10:15-11am Intro to Line Dance + TR 11:05am-12:05pm Line Dance + TR 1-2:30pm Welcome Back Bingo! MR *No SAIL class today!

AURORA HILLS 55+ CENTER ACTIVITY CALENDAR

September 2022

735 18th St. S
Arlington, VA 22202
703-228-5722

Calendar Key

* = fee required
Bold = special programming
+ = Drop-in

Preregistration is required unless drop-in (+) is noted

TR = Training/Meeting Room
MR = Main Room
OS = Outside
K = Kitchen