

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527 2:30-4pm Origami 3-D snowflakes RM526	2 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +
5 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am-11:30am Computer Class* RM411 10am- 11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 5-6pm Hatha Yoga Basics*^ RM527	6 8am-12pm Social 60+ Café+* RM527 9:30- 10:15am Seated Exercise +^ RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +*	7 8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 2:30-4:00pm Spades RM205 4-6pm Karaoke RM527	8 8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2 <sup>nd</sup> FL Lobby RM205 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 11-2pm Line Dance RM527	9 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +
12 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am- 11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 5-6pm Hatha Yoga Basics*^ RM527	13 8am-12pm Social 60+ Café+* RM527 9:30- 10:15am Seated Exercise +^ RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 2-3pm WhatsApp: What is it?* RM411	14 8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 2:30-4:00pm Spades RM205	15 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 12-3pm Pickleball GYM 1-2pm Line Dance RM527 1-3:30pm Miracle on 34 <sup>th</sup> Street RM411	16 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +*
19 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am- 11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 5-6pm Hatha Yoga Basics*^ RM527	20 8am-12pm Social 60+ Café+* RM527 9:30- 10:15am Seated Exercise +^ RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +*	21 8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30- 11:30am Cooking w/ Sage* RM205 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 2:30-4:00pm Spades RM205 4-6pm Karaoke RM527	22 8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2 <sup>nd</sup> FL Lobby RM205 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527	23 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +
26 CLOSED For Holiday	27 8am-12pm Social 60+ Café+* RM527 9:30- 10:15am Seated Exercise +^ RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +*	28 8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 1:30-3:30pm YouTube Painting Class* RM525 2:30-4:00pm Spades RM205	29 8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527	30 8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +

# ARLINGTON MILL 55+ CENTER CALENDAR December 2022

909 S. Dinwiddie St.,  
Arlington, VA 22204  
703-228-7369

### Key

\* = registration required

^ = fee required

+ = Social 60+ Café

**Bold** = speakers/special events/etc.

**Weekend Programming:**

**Saturdays: RM205**

Rummikub: 10am-12pm

Mah Jongg: 12-3pm

December 17<sup>th</sup> 2-4:30pm

WINTER WONDERLAND

BALL at Lubber Run Center

**Sundays: RM205**

\*Creating 3-D holiday cards\* Dec. 18, 1:30-3:30pm

Check out the [weekly schedule](#) for Arlington Mill Community Center's gymnasium (updated as changes occur).