



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>2</p>	<p>3</p> <p>11:30am-12:30pm Gentle Hatha Yoga ** TR</p>	<p>4</p> <p>10am-12pm Foursome Bridge MR 10am-12pm Learn to Play Hearts MR 10am-12:15pm Mac iPhone iPad* TR 2-2:45pm Tai Chi Practice TR 1-2pm Winter Piano Lounge* MR</p>	<p>5</p>	<p>6</p> <p>10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 1-2pm SAIL class* MR 1-2:30pm Explore Drawing* TR</p>
<p>9</p> <p>10-11am Gentle Hatha Yoga ** TR 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 11:30am-1pm Advisory Committee TR 2-3pm Jeopardy* TR</p>	<p>10</p> <p>11:30am-12:30pm Gentle Hatha Yoga ** TR 1-2pm SAIL class* (make-up) MR</p>	<p>11</p> <p>10am-12pm Foursome Bridge MR 10am-12pm Learn to Play Hearts MR 10am-12:15pm Mac iPhone iPad* TR 1:30-2:30pm Martin Luther King Memorial* MR 2-2:45pm Tai Chi Practice TR</p>	<p>12</p>	<p>13</p> <p>9-10:30am Fast Forwards OS 10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 1-2pm SAIL class* MR 1-2:30pm Explore Painting* TR</p>
 <p>16</p>	<p>17</p> <p>11:30am-12:30pm Gentle Hatha Yoga ** TR 1-2pm SAIL class* (make-up) MR</p>	<p>18</p> <p>10am-12pm Foursome Bridge MR 10am-12pm Hearts Club MR 10am-12:15pm Mac iPhone iPad* TR 11am-12pm Magazine Article Discussion* MR 1:30-2:30pm Travel Gurus: Iberian Cruise* MR 2-2:45pm Tai Chi Practice TR</p>	<p>19</p>	<p>20</p> <p>9-10:30am Fast Forwards OS 10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 1-2pm SAIL class* MR 1-2:30pm Acoustic Hour at Aurora Hills* MR</p>
<p>23</p> <p>10-11am Gentle Hatha Yoga ** TR 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2:30pm Short Story Discussion* TR</p>	<p>24</p> <p>11:30am-12:30pm Gentle Hatha Yoga ** TR 1-2pm SAIL class* (make-up) MR</p>	<p>25</p> <p>10am-12pm Foursome Bridge MR 10am-12pm Hearts Club MR 1-2pm Flip the Script on Aging* MR 2-2:45pm Tai Chi Practice TR</p>	<p>25</p>	<p>27</p> <p>9-10:30am Fast Forwards OS 10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 1-2pm SAIL class* MR 12:30-2:30pm Movie: Just Mercy (2019)* MR</p>
<p>30</p> <p>10-11am Gentle Hatha Yoga ** TR 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 11:30am-12:45pm Book Club TR 1-2pm Hearing Aid Program* TR</p>				

AURORA HILLS 55+ CENTER ACTIVITY CALENDAR

January 2023

735 18th St. S
Arlington, VA 22202
703-228-5722

Calendar Key

* = registration required
^ = fee required

Bold = speakers/special events/etc.

NOTE: Programs without a symbol are considered Drop-In and do not require registration.

TR = Training/Meeting Room
MR = Main Room
OS = Outside
K = Kitchen