

ARLINGTON MILL 55+ CENTER CALENDAR March 2023

909 S. Dinwiddie St.,
Arlington, VA 22204
703-228-7369

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10am-12pm Table Games RM205 10am-12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +* 5:30- 6:30pm Travel Tip and Tricks* RM525 4-6pm Karaoke RM527	8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527	8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +*
6	7	8	9	10
8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am-11:30am Computer Class* RM411 10am- 11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30- 12pm Lunch (sign up ahead) Social 60+ Café +* 5-6pm Hatha Yoga Basics*^ RM527	8am-12pm Social 60+ Café+* RM527 9:30- 10:15am Seated Exercise +^ RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +*	8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +*	8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2 nd FL Lobby RM205 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527	8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +*
13	14	15	16	17
8am-12pm Social 60+ Café+* RM527 9-11am Crochet RM205 10am-12pm Table Games RM205 10am-11:30am Computer Class* RM411 10am- 11am Line Dance Practice RM421 11am-1pm Rummikub RM205 11:30- 12pm Lunch (sign up ahead) Social 60+ Café +* 5-6pm Hatha Yoga Basics*^ RM527	8am-12pm Social 60+ Café+* RM527 9:30- 10:15am Seated Exercise +^ RM411 10am-12pm Table Tennis RM217 10am-12pm Table Games RM205 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +*	8am-12pm Social 60+ Café+* RM527 10-11am Line Dance Practice RM421 10am-12pm Table Games RM205 10am- 12pm Open Art Studio RM526 10:30am-1pm 55+ Crafters RM404 11am-1pm Rummikub RM205 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +*	8am-12pm Social 60+ Café+* RM527 9-10am Trekkers 2 nd FL Lobby RM205 9-11am Crochet RM205 9:30- 10:15am Seated Exercise+^ RM411 11am-1pm Rummikub RM205 11:30am- 12pm Lunch (sign up ahead) Social 60+ Café +* 1-2pm Line Dance RM527	8am-12pm Social 60+ Café+* RM527 11am- 1pm Rummikub RM205 10am-12pm Open Art Studio RM526 11:30am-12pm Lunch (sign up ahead) Social 60+ Café +*
20	21	22	23	24
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27	28	29	30	31
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Key

* = registration required

^ = fee required

+ = Social 60+ Café

Bold = speakers/special events/etc.

Weekend Programming:

Saturdays: RM205
Rummikub: 10am-12pm

Check out the [weekly schedule](#) for
Arlington Mill Community
Center's gymnasium
(updated as changes occur).