

AURORA HILLS 55+ CENTER ACTIVITY CALENDAR

May 2023

735 18th St. S
Arlington, VA
22202

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>10-11am Gentle Hatha Yoga ** TR 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 11:30am-1pm Advisory Committee TR 2-3pm Jeopardy* TR</p> <p>*No Beginner Bridge</p>	<p>2</p> <p>11am-12pm Chair/Gentle Hatha Yoga ** MR 1-2pm SAIL class* MR</p>	<p>3</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 10am-12:15pm Mac iPhone iPad* TR 1-2pm Nutrition & Brain Health* MR 2-2:45pm Tai Chi Practice TR</p>	<p>4</p>	<p>5</p> <p>10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 11:30am-12pm Intergenerational Story Time MR 1-2pm SAIL class* MR 1-2pm RAFT Dementia Support* TR</p>
<p>8</p> <p>10-11am Gentle Hatha Yoga ** TR 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2:30pm Beginner Bridge* MR</p>	<p>9</p> <p>11am-12pm Chair/Gentle Hatha Yoga ** MR 1-2pm SAIL class* MR</p>	<p>10</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 10am-12:15pm Mac iPhone iPad* TR 1-2:30pm Mother's Day Tea* MR 2-2:45pm Tai Chi Practice TR</p> 	<p>11</p>	<p>12</p> <p>9-10:30am Fast Forwards OS 10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 1-2pm SAIL class* MR</p>
<p>15</p> <p>10-11am Gentle Hatha Yoga ** TR 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2:30pm Beginner Bridge* MR 1:30-2:30pm Documentary Discussion* TR</p>	<p>16</p> <p>11am-12pm Chair/Gentle Hatha Yoga ** MR 1-2pm SAIL class* MR</p>	<p>Trash & Treasure Collection 17</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 10am-12:15pm Mac iPhone iPad* TR 11am-12pm Magazine Article Discussion* MR 1-2pm Who Gets Grandma's Yellow Plate?* MR 2-2:45pm Tai Chi Practice TR</p>	<p>18</p> <p>Aurora Hills Trash & Treasure Sale is on Saturday, May 20 (9:30 a.m.-1:30 p.m.)</p> <p>Donation collection is on May 17 and 19 (10 a.m.-3 p.m.)</p>	<p>Trash & Treasure Collection 19</p> <p>9-10:30am Fast Forwards OS 10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 1-2:30pm Acoustic Hour in The Park* Plaza</p> <p>*No SAIL class</p>
<p>22</p> <p>10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2:30pm Beginner Bridge* MR 11:30am-12:45pm Book Club TR</p>	<p>23</p> <p>11am-12pm Chair/Gentle Hatha Yoga ** MR 1-2pm SAIL class* MR</p>	<p>24</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 10am-12:15pm Mac iPhone iPad* TR 1-2pm Get Ready for Summer Reading!* MR 2-2:45pm Tai Chi Practice TR</p>	<p>25</p>	<p>26</p> <p>9-10:30am Fast Forwards OS 10:15-11am Intro to Line Dance MR 11:05am-12:05pm Line Dance MR 1-2pm SAIL class* MR 12:30-2:30pm Movie: <i>Ticket to Paradise (2022)</i> (PG-13)* TR</p>
<p>29</p>  <p>Center Closed</p>	<p>30</p> <p>1-2pm SAIL class* MR</p>	<p>31</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 1-2pm Bingo & Prizes!* MR 2-2:45pm Tai Chi Practice TR</p> 		

Calendar Key

* = registration required
^ = fee required

Bold = speakers/special events/etc.

NOTE: Programs without a symbol are considered Drop-In and do not require registration.

TR = Training/Meeting Room
MR = Main Room
OS = Outside
K = Kitchen