

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Convo RM404 <b>1-2pm Monthly Social* RM132</b> 5-6:15pm Hatha Yoga Basics** RM527	2 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 <b>11am-1pm Community Connections</b> <b>Teen Programs RMTBD</b> 12-3pm Play Pickleball GYM 5-6pm Zumba Gold** RM527 5-8:45pm Play Pickleball GYM	3 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205	4 <b>HOLIDAY CENTER CLOSED</b>	5 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM
8 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Convo RM404 <b>1-2pm Advisory Committee Meeting RM205</b> 5-6:15pm Hatha Yoga Basics** RM527	9 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM <b>1-2:30pm Native Bird Nest Boxes with ARMN* RM527</b> 5-8:45pm Play Pickleball GYM	10 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205 <b>6-7pm Brain Health As You Age* RM527</b>	11 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM <b>11am-12pm Tech Tunes* with Aspire 3rd Floor</b> 1-2:15pm Line Dance RM421 2-4pm Mah Jongg RM205	12 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM
15 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Convo RM404 <b>1-3pm Crafting Corner RM205</b> (Drop-in) 5-6:15pm Hatha Yoga Basics** RM527	16 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM 5-6pm Zumba Gold** RM527 5-8:45pm Play Pickleball GYM	17 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205 <b>5:30-7pm Intergenerational Dance Night on the Plaza* Plaza</b>	18 8am-12pm Social 60+ Café+* RM527 <b>10:30-11:30am VCE Cooking Demo Summer Squash* RM205</b> 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM <b>12:45-1:30pm Reading with Aspire*</b> 1-2:15pm Line Dance RM421 <b>2-4pm Word Games* RM205</b>	19 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM <b>12-4pm Encore Bridge RM205</b>
22 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Convo RM404 <b>1-3pm Crafting Corner RM205</b> (Drop-in) 5-6:15pm Hatha Yoga Basics** RM527	23 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM 5-6pm Zumba Gold** RM527 5-8:45pm Play Pickleball GYM	24 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-12pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205	25 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM 1-2:15pm Line Dance RM421 <b>2-4pm Poker* RM205</b>	26 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-3pm Play Pickleball GYM <b>1-2pm Olympic Trivia* RM TBD</b>
29 8am-12pm Social 60+ Café+* RM527 10am-3pm Play Pickleball GYM 10-11:15am Line Dance RM421 10am-12pm Open Game Time RM205 10:30-11:30am Spanish Convo RM404 <b>1-3pm Crafting Corner RM205</b> (Drop-in) 5-6:15pm Hatha Yoga Basics** RM527	30 8am-12pm Social 60+ Café+* RM527 10am-12pm 55+ Game Room RM209 12-3pm Play Pickleball GYM 5-6pm Zumba Gold** RM527 5-8:45pm Play Pickleball GYM	31 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM526 10am-12pm Play Pickleball GYM 10:30am-1pm 55+ Crafters RM404 2-5pm Train Dominoes RM205 <b>6-7pm Summer Tomato Tasting* RM527</b>		

# Arlington Mill 55+ Center Calendar

July 2024

909 S. Dinwiddie St.,  
Arlington, VA 22204  
703-228-7369

### Key

\* = registration required

^ = fee required

† = Social 60+ Café

**Bold** = speakers/special events/etc.

Check out the [weekly schedule](#) for Arlington Mill Community Center's gymnasium (updated as changes occur).

Credit and debit card payments made through the Arlington County Department of Parks and Recreation [registration system](#) include a convenience fee of up to 3% paid directly to the credit card processor. Arlington County does not receive any portion of the fee.