




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>10-11am Gentle Hatha Yoga ^^ TR  10am-12pm Yarn Crafters MR  10am-12pm Mah Jongg K  1-1:45pm Chinese/English Conversation MR  1-2pm French Conversation MR  2-2:45pm Jeopardy* TR  2-2:45pm Tai Chi Practice MR</p>	<p>2</p> <p>11am-12pm Gentle Hatha Yoga ^^ MR</p>	<p>3</p> <p>10am-12pm Foursome Bridge K  10am-12pm Hearts Club MR  10am-12:15pm Mac iPhone iPad* TR  11am-12pm Traditional Yoga ^^ TR  12:30-2:30pm Movie:  Glory (1989) (R)* MR</p>	<p>4</p> <p></p>	<p>5</p> <p>10:15-11am Intro to Line Dance MR  11:05am-12:05pm Line Dance MR  12:30-2:30pm Pop Up! Classic Summer Flick: <i>The Bridges of Madison County</i> (1995)(PG-13) MR</p>
<p>8</p> <p>10-11am Gentle Hatha Yoga ^^ TR  10am-12pm Yarn Crafters MR  10am-12pm Mah Jongg K  12:30-1:30pm Learn How to Play Rummikub K  1-1:45pm Chinese/English Conversation MR  1-2pm French Conversation MR  2-2:45pm Tai Chi Practice MR</p>	<p>9</p> <p>11am-12pm Gentle Hatha Yoga ^^ MR</p>	<p>10</p> <p>10am-12pm Foursome Bridge K  10am-12pm Hearts Club MR  10am-12:15pm Mac iPhone iPad* TR  11am-12pm Traditional Yoga ^^ TR  1:30-2:30pm Flavorful Fruits* MR</p>	<p>11</p>	<p>12</p> <p>8:30-10am Aurora Hills Walkers OS  10:15-11am Intro to Line Dance MR  11:05am-12:05pm Line Dance MR  1-2:30pm Summer Piano Lounge* MR</p>
<p>15</p> <p>10-11am Gentle Hatha Yoga ^^ TR  10am-12pm Yarn Crafters MR  10am-12pm Mah Jongg K  12:30-1:30pm Learn How to Play Rummikub K  1-1:45pm Chinese/English Conversation MR  1-2pm French Conversation MR  2-2:45pm Tai Chi Practice TR</p>	<p>16</p> <p>11am-12pm Gentle Hatha Yoga ^^ MR</p>	<p>17</p> <p>10am-12pm Foursome Bridge K  10am-12pm Hearts Club MR  10am-12:15pm Mac iPhone iPad* TR  11am-12pm Traditional Yoga ^^ TR  1:30-2:30pm Six Pillars of Brain Health* MR</p>	<p>18</p>	<p>19</p> <p>10:15-11am Intro to Line Dance MR  11:05am-12:05pm Line Dance MR  1-2pm Friday Fun Day In the Park! * OS  </p>
<p>22</p> <p>10-11am Gentle Hatha Yoga ^^ TR  10am-12pm Yarn Crafters MR  10am-12pm Mah Jongg K  12:30-1:30pm Learn How to Play Rummikub K  1-1:45pm Chinese/English Conversation MR  1-2pm French Conversation MR  2-2:45pm Tai Chi Practice TR</p>	<p>23</p> <p>11am-12pm Gentle Hatha Yoga ^^ MR</p>	<p>24</p> <p>10am-12pm Foursome Bridge K  10am-12pm Hearts Club MR  11am-12pm Traditional Yoga ^^ TR  11am-12pm Magazine Article Discussion Group* MR</p>	<p>25</p>	<p>26</p> <p>8:30-10am Aurora Hills Walkers OS  10:15-11am Intro to Line Dance MR  11:05am-12:05pm Line Dance MR  12:30-2:30pm Movie: <i>The Duke</i> (2020) (R)* MR</p>
<p>29</p> <p>10-11am Gentle Hatha Yoga ^^ TR  10am-12pm Yarn Crafters MR  10am-12pm Mah Jongg K  11:30am-12:45pm Book Club TR  12:30-1:30pm Learn How to Play Rummikub K  1-1:45pm Chinese/English Conversation MR  1-2pm French Conversation MR  2-2:45pm Tai Chi Practice TR</p>	<p>30</p> <p>11am-12pm Gentle Hatha Yoga ^^ MR</p>	<p>31</p> <p>10am-12pm Foursome Bridge K  10am-12pm Hearts Club MR  11am-12pm Traditional Yoga ^^ TR  1-2pm Travel Gurus: Germany* MR</p>		

# AURORA HILLS 55+ CENTER ACTIVITY CALENDAR

JULY 2024

735 18<sup>th</sup> St. S  
Arlington, VA 22202  
703-228-5722

### Calendar Key

\* = registration required  
^ = fee required

**Bold** = speakers/special events/etc.

NOTE: Programs without a symbol are considered Drop-In and do not require registration.

TR = Training/Meeting Room  
MR = Main Room  
OS = Outside  
K = Kitchen